# 4x4 tour - what to bring along

Your 4x4 vehicle with an off-road trailer and/or camping equipment. Off-road caravans are only allowed on the Baderukwe Tours and not on the Luvuvhu River Valley Tours.

**Note:** The lists below provide a guideline and should be tailored to suit your specific requirements.

### **Camping gear**

- Tent, tent bag or rooftop tent and ground sheet
- Portable shower (optional)
- Solar camp shower bag
- Sleeping bag, pillows and towels
- Braai grid, stand and tongs
- Wood (must supply own)
- Water (and bottle) (2x 25 litre water containers recommended)
- Cooking utensils (kettle, cooking pots, mugs, glasses, wooden spoon, can opener, egg lifter, cutlery, crockery, wooden carving board, paper towels, hot water flask, table cloth, drying and washing cloths)
- Small gas stove/cooker with spare gas for cooking purposes
- Inflatable mattress and pump
- Sufficient food and beverage supplies
- Fire extinguisher
- Toiletries (enviro-friendly)
- Matches, toilet paper and sun block
- Refrigerator or cooler box
- Folding table and chairs
- Plastic bowl for washing dishes
- Plastic refuse bags
- Torches (x2) and spare batteries
- Gas lamp
- Gas bottles (x2)
- Feather duster can also be handy to dust the rear of your vehicle



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## **Other items**

- Personal toiletries (remember biodegradable soap for showering outdoor)
- Sanitary disposal bags for sanitary products (dispose at rest camp)
- Road maps
- Binoculars
- Camera with accessories
- Appropriate clothing (depending on season but days generally are warm to hot and winter evenings can be cold)
- Hat/cap
- Raincoat
- Reference books (for mammals, birds, trees, etc.)

### Medical and first-aid items

- Antihistamine ointment and tablets
- Eye drops
- Paracetamol
- Stingose
- Cotton wool/gauze
- Plasters and bandaging
- Scissors and tweezers
- Insect repellents & malaria prophylaxis

#### Tools

- Tool box should have the necessary spanners and sockets etc.
- Gas utilities with spare mantles and nozzles
- Nuts and bolts
- Puncture repair kit
- Electrical terminals
- Spare globes
- Tie-down straps
- Fuses, epoxy glue and Prestik
- Jumper cables

