

4x4 tour (tented) - what to bring along

Your 4x4 vehicle. No off-road trailer or caravan allowed on the trail.

Note: The lists below provide a guideline and should be tailored to suit your specific requirements.

General

- Wood (must supply own)
- Water (and bottle) (2x 25 litre water containers recommended)
- Small gas stove/cooker with spare gas for cooking purposes
- Sufficient food and beverage supplies
- Fire extinguisher
- Toiletries (enviro-friendly)
- Matches, toilet paper and sun block
- Refrigerator or cooler box
- Folding table and chairs
- Plastic refuse bags
- Torches (x2) and spare batteries
- Gas bottle (x1)
- Feather duster can also be handy to dust the rear of your vehicle

Other items

- Personal toiletries (remember biodegradable soap for showering outdoor)
- Sanitary disposal bags for sanitary products (dispose at rest camp)
- Road maps
- Binoculars
- Camera with accessories
- Appropriate clothing (depending on season but days generally are warm to hot and winter evenings can be cold)
- Hat/cap
- Raincoat
- Reference books (for mammals, birds, trees, etc.)



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Medical and first-aid items

- Antihistamine ointment and tablets
- Eye drops
- Paracetamol
- Stingose
- Cotton wool/gauze
- Plasters and bandaging
- Scissors and tweezers
- Insect repellents & malaria prophylaxis

Tools

- Tool box should have the necessary spanners and sockets etc.
- Gas utilities with spare mantles and nozzles
- Nuts and bolts
- Puncture repair kit
- Electrical terminals
- Spare globes
- Tie-down straps
- Fuses, epoxy glue and Prestik
- Jumper cables

